

Annexure 2: Definitions of Critical Illnesses and exclusions applicable for the Critical Illness benefit:

- a. Subject to applicable exclusions and Waiting Period, the Critical Illness benefit would be paid only if the Diagnosed Critical Illness condition falls within the definition as laid down below for each Critical Illness.

SI no	Name of the Illness	Details
MINOR CRITICAL ILLNESS		
1.	Angioplasty	<p>Coronary Angioplasty is defined as percutaneous coronary intervention by way of balloon angioplasty with or without stenting for treatment of the narrowing or blockage of minimum 50 % of one or more major coronary arteries. The intervention must be determined to be medically necessary by a cardiologist and supported by a coronary angiogram (CAG). Coronary arteries herein refer to left main stem, left anterior descending, circumflex and right coronary artery.</p> <p><i>Diagnostic angiography or investigation procedures without Angioplasty/stent insertion are excluded.</i></p>
2.	Carcinoma in-situ / Early Stage Cancer	<p>Carcinoma in-situ (CiS) – Carcinoma-in-Situ shall mean first ever histologically proven, localized pre-invasion lesion where cancer cells have not yet penetrated the basement membrane or invaded (in the sense of infiltrating and / or actively destroying) the surrounding tissues or stroma in any of the following covered organ groups, and subject to any classification stated:</p> <ul style="list-style-type: none"> i. Breast, where the tumor is classified as Tis according to the TNM Staging method ii. Corpus uteri, vagina, vulva or fallopian tubes where the tumor is classified as Tis according to the TNM Staging method or FIGO (staging method of the Federation Internationale de Gynecologie et d'Obstetrique) Stage 0 iii. Cervix uteri, classified as cervical intraepithelial neoplasia grade III (CIN III) or as Tis according to the TNM staging method or FIGO Stage 0 iv. Ovary –include borderline ovarian tumors with intact capsule, no tumor on the ovarian surface, classified as T1aN0M0, T1bN0M0 (TNM Staging) or FIGO 1A, FIGO 1B v. Colon and rectum; penis; testis; lung; liver; stomach, nasopharynx and oesophagus vi. Urinary tract, for the purpose of in-situ cancers of the bladder, stage Ta of papillary Carcinoma is included. <p>The Diagnosis of the Carcinoma in situ must always be supported by a histopathological report. Furthermore, the Diagnosis of Carcinoma in-situ must always be positively Diagnosed upon the basis of a microscopic examination of the fixed tissue, supported by a biopsy result. Clinical Diagnosis does not meet this standard.</p> <p><i>Pre-malignant lesion and Carcinoma in Situ of any organ, unless listed above, are excluded.</i></p> <p>b. Specified Early Stage Cancers – Specified Early Cancers shall mean first ever presence of one of the following malignant conditions:</p> <ul style="list-style-type: none"> i. Prostate Cancer that is histologically described using the TNM Classification as T1N0M0 or Prostate cancers described using another equivalent classification. ii. Thyroid Cancer that is histologically described using the TNM Classification as T1N0M0. iii. Tumors of the Urinary Bladder histologically classified as T1N0M0 (TNM Classification).

		<p>iv. Chronic Lymphocytic Leukaemia (CLL) RAI Stage 1 or 2. <i>CLL RAI Stage 0 or lower is excluded.</i></p> <p>v. Malignant melanoma that has not caused invasion beyond the epidermis.</p> <p>vi. Hodgkin's lymphoma Stage I by the Cotswold's classification staging system.</p> <p>vii. The Diagnosis must be based on histopathological features and confirmed by a Pathologist.</p> <p><i>Pre - malignant lesions and conditions, unless listed above, are excluded.</i></p>
3.	Small Bowel Transplant	The receipt of a transplant of small bowel with its own blood supply via a laparotomy resulting from intestinal failure.
4.	Brain Aneurysm Surgery or Cerebral Shunt Insertion	<p>a) The actual undergoing of surgical repair of an intracranial aneurysm or surgical removal of an arterio-venous malformation via craniotomy. The surgical intervention must be certified to be absolutely necessary by a specialist in the relevant field. Endovascular repair or procedures are not covered, or</p> <p>b) The actual undergoing of surgical implantation of a shunt from the ventricles of the brain to relieve raised pressure in the cerebrospinal fluid. The need of a shunt must be certified to be absolutely necessary by a specialist in the relevant field.</p>
5.	Severe Osteoporosis	<p>The occurrence of osteoporosis with fractures must be confirmed by a specialist in the relevant medical field and all of the following conditions are met:</p> <p>i. At least fracture of neck of femur or two (2) vertebral body fractures, due to or in the presence of Osteoporosis; and</p> <p>ii. Bone mineral density measured in at least two (2) sites by dual-energy x-ray densitometry (DEXA) or quantitative CT scanning is consistent with severe Osteoporosis (T-score of less than -2.5)</p> <p>Actual undergoing of internal fixation or replacement of fractured bone is required.</p> <p>Coverage for Osteoporosis with Fracture will automatically cease after the Life Insured attains seventy (70) years of age.</p>
MAJOR CRITICAL ILLNESS		
6.	Cancer of Specified Severity	<p>A malignant tumor characterised by the uncontrolled growth & spread of malignant cells with invasion & destruction of normal tissues. This Diagnosis must be supported by histological evidence of malignancy. The term cancer includes leukemia, lymphoma and sarcoma.</p> <p><i>The following are excluded –</i></p> <p>a. All tumors which are histologically described as carcinoma in situ, benign, pre-malignant, borderline malignant, low malignant potential, neoplasm of unknown behavior, or non-invasive, including but not limited to: Carcinoma in situ of breasts, Cervical dysplasia CIN-1, CIN-2 and CIN-3.</p> <p>b. Any non-melanoma skin carcinoma unless there is evidence of metastases to lymph nodes or beyond;</p> <p>c. Malignant melanoma that has not caused invasion beyond the epidermis;</p> <p>d. All tumors of the prostate unless histologically classified as having a Gleason score greater than 6 or having progressed to at least clinical TNM classification T2N0M0</p> <p>e. All Thyroid cancers histologically classified as T1N0M0 (TNM Classification) or below;</p> <p>f. Chronic lymphocytic leukaemia less than RAI stage 3</p>

		<p><i>g. Non-invasive papillary cancer of the bladder histologically described as TaN0M0 or of a lesser classification,</i></p> <p><i>h. All Gastro-Intestinal Stromal Tumors histologically classified as T1N0M0 (TNM Classification) or below and with mitotic count of less than or equal to 5/50 HPFs;</i></p>
7.	Myocardial Infarction (First Heart Attack of Specific Severity)	<p>The first occurrence of heart attack or myocardial infarction, which means the death of a portion of the heart muscle as a result of inadequate blood supply to the relevant area. The Diagnosis for Myocardial Infarction should be evidenced by all of the following criteria:</p> <ul style="list-style-type: none"> i. A history of typical clinical symptoms consistent with the Diagnosis of acute myocardial infarction (for e.g. typical chest pain) ii. New characteristic electrocardiogram changes iii. Elevation of infarction specific enzymes, Troponins or other specific biochemical markers. <p><i>The following are excluded:</i></p> <ul style="list-style-type: none"> i. <i>Other acute Coronary Syndromes</i> ii. <i>Any type of angina pectoris</i> iii. <i>A rise in cardiac biomarkers or Troponin T or I in absence of overt ischemic heart disease OR following an intra-arterial cardiac procedure</i>
8.	Open Chest CABG	<p>The actual undergoing of heart surgery to correct blockage or narrowing in one or more coronary artery(s), by coronary artery bypass grafting done via a sternotomy (cutting through the breast bone) or minimally invasive keyhole coronary artery bypass procedures. The Diagnosis must be supported by a coronary angiography and the realization of surgery has to be confirmed by a cardiologist</p> <p><i>The following are excluded:</i></p> <p><i>Angioplasty and/or any other intra-arterial procedures</i></p>
9.	Open Heart Replacement or Repair of Heart Valves	<p>The actual undergoing of open-heart valve surgery to replace or repair one or more heart valves, as a consequence of defects in, abnormalities of, or disease-affected cardiac valve(s). The Diagnosis of the valve abnormality must be supported by an echocardiography and the realization of surgery has to be confirmed by a specialist Medical Practitioner. <i>Catheter based techniques including but not limited to, balloon valvotomy/valvuloplasty are excluded.</i></p>

10.	Coma of specified Severity	<p>A state of unconsciousness with no reaction or response to external stimuli or internal needs. This Diagnosis must be supported by evidence of all of the following:</p> <ul style="list-style-type: none"> i. No response to external stimuli continuously for at least 96 hours; ii. Life support measures are necessary to sustain life; and iii. Permanent neurological deficit which must be assessed at least 30 days after the onset of the coma. <p>The condition has to be confirmed by a specialist Medical Practitioner. <i>Coma resulting from alcohol or drug abuse is excluded.</i></p>
11.	Kidney Failure Requiring Regular Dialysis	<p>End stage renal disease presenting as chronic irreversible failure of both kidneys to function, as a result of which either regular renal dialysis (haemodialysis or peritoneal dialysis) is instituted or renal transplantation is carried out. Diagnosis has to be confirmed by a specialist Medical Practitioner.</p>
12.	Stroke resulting in permanent symptoms	<p>Any cerebrovascular incident producing permanent neurological sequelae. This includes infarction of brain tissue, thrombosis in an intracranial vessel, haemorrhage and embolisation from an extracranial source. Diagnosis has to be confirmed by a specialist Medical Practitioner and evidenced by typical clinical symptoms as well as typical findings in CT Scan or MRI of the brain. Evidence of permanent neurological deficit lasting for at least 3 months has to be produced.</p> <p><i>The following are excluded:</i></p> <ul style="list-style-type: none"> a. <i>Transient ischemic attacks (TIA)</i> b. <i>Traumatic injury of the brain</i> c. <i>Vascular disease affecting only the eye or optic nerve or vestibular functions.</i>
13.	Major Organ /Bone Marrow Transplant	<p>The actual undergoing of a transplant of:</p> <ul style="list-style-type: none"> i. One of the following human organs: heart, lung, liver, kidney, pancreas, that resulted from irreversible end-stage failure of the relevant organ, or ii. Human bone marrow using haematopoietic stem cells. The undergoing of a transplant has to be confirmed by a specialist Medical Practitioner. <p><i>The following are excluded:</i></p> <ul style="list-style-type: none"> i. <i>Other stem-cell transplants</i> ii. <i>Where only Islets of Langerhans are transplanted</i>
14.	Permanent Paralysis of Limbs	<p>Total and irreversible loss of use of two or more limbs as a result of injury or disease of the brain or spinal cord. A specialist Medical Practitioner must be of the opinion that the paralysis will be permanent with no hope of recovery and must be present for more than 3 months.</p>
15.	Motor Neuron Disease with Permanent Symptoms	<p>Motor neuron disease Diagnosed by a specialist Medical Practitioner as spinal muscular atrophy, progressive bulbar palsy, amyotrophic lateral sclerosis or primary lateral sclerosis. There must be progressive degeneration of corticospinal tracts and anterior horn cells or bulbar efferent neurons. There must be current significant and permanent functional neurological impairment with objective evidence of motor dysfunction that has persisted for a continuous period of at least 3 months.</p>
16.	Multiple Sclerosis with Persisting Symptoms	<p>The unequivocal Diagnosis of definite multiple sclerosis confirmed and evidenced by all of the following:</p>

		<ul style="list-style-type: none"> i. investigations including typical MRI findings which unequivocally confirm the Diagnosis to be multiple sclerosis and ii. there must be current clinical impairment of motor or sensory function, which must have persisted for a continuous period of at least 6 months. <p><i>Neurological damage due to SLE is excluded.</i></p>
17.	Benign Brain Tumor	<p>Benign brain tumor is defined as a life threatening, non-cancerous tumor in the brain, cranial nerves or meninges within the skull. The presence of the underlying tumor must be confirmed by imaging studies such as CT scan or MRI.</p> <p>This brain tumor must result in at least one of the following and must be confirmed by the relevant medical specialist:</p> <ul style="list-style-type: none"> i. Permanent Neurological deficit with persisting clinical symptoms for a continuous period of at least 90 consecutive days or ii. Undergone surgical resection or radiation therapy to treat the brain tumor. <p><i>The following conditions are excluded:</i></p> <ul style="list-style-type: none"> a. <i>Cysts, Granulomas, malformations in the arteries or veins of the brain, hematomas, abscesses, pituitary tumors, tumors of skull bones and tumors of the spinal cord.</i>
18.	Blindness	<p>Total, permanent and irreversible loss of all vision in both eyes as a result of illness or accident.</p> <p>The Blindness is evidenced by:</p> <ul style="list-style-type: none"> a. corrected visual acuity being 3/60 or less in both eyes or; b. the field of vision being less than 10 degrees in both eyes. <p>The Diagnosis of blindness must be confirmed and must not be correctable by aids or surgical procedure</p>
19.	Deafness	<p>Total and irreversible loss of hearing in both ears as a result of illness or accident. This Diagnosis must be supported by pure tone audiogram test and certified by an Ear, Nose and Throat (ENT) specialist. Total means “the loss of hearing to the extent that the loss is greater than 90decibels across all frequencies of hearing” in both ears.</p>
20.	End Stage Lung Failure	<p>End stage lung disease, causing chronic respiratory failure, as confirmed and evidenced by all of the following:</p> <ul style="list-style-type: none"> i. FEV1 test results consistently less than 1 litre measured on 3 occasions 3 months apart; and ii. Requiring continuous permanent supplementary oxygen therapy for hypoxemia; and iii. Arterial blood gas analysis with partial oxygen pressures of 55mmHg or less (PaO₂ < 55 mmHg); and iv. Dyspnea at rest.
21.	End Stage Liver Failure	<p>Permanent and irreversible failure of liver function that has resulted in all three of the following:</p> <ul style="list-style-type: none"> i. permanent jaundice; and ii. ascites; and iii. hepatic encephalopathy. <p><i>Liver failure secondary to drug or alcohol abuse is excluded.</i></p>

22.	Loss of speech	Total and irrecoverable loss of the ability to speak as a result of injury or disease to the vocal cords. The inability to speak must be established for a continuous period of 12 months. This Diagnosis must be supported by medical evidence furnished by an Ear, Nose, Throat (ENT) specialist.
23.	Loss of Limbs	The physical separation of two or more limbs, at or above the wrist or ankle level limbs as a result of injury or disease. This will include medically necessary amputation necessitated by injury or disease. The separation has to be permanent without any chance of surgical correction. <i>Loss of Limbs resulting directly or indirectly from self-inflicted injury, alcohol or drug abuse is excluded.</i>
24.	Major Head Trauma	<p>Accidental Injury of Head, resulting in permanent Neurological deficit to be assessed no sooner than 3 months from the date of the accident. This Diagnosis must be supported by unequivocal findings on Magnetic Resonance Imaging, Computerized Tomography, or other reliable imaging techniques. The accident must be caused solely and directly by accidental, violent, external and visible means and independently of all other causes.</p> <p>The Accidental Injury of head must result in an inability to perform at least three (3) of the Activities of Daily Living either with or without the use of mechanical equipment, special devices or other aids and adaptations in use for disabled persons. For the purpose of this benefit, the word “permanent” shall mean beyond the scope of recovery with current medical knowledge and technology.</p> <p><i>Spinal cord injury is excluded</i></p>
25.	Primary (Idiopathic) Pulmonary Hypertension	<p>An unequivocal diagnosis of Primary (Idiopathic) Pulmonary Hypertension by a Cardiologist or specialist in respiratory medicine with evidence of right ventricular enlargement and the pulmonary artery pressure above 30 mm of Hg on Cardiac Cauterization. There must be permanent irreversible physical impairment to the degree of at least Class IV of the New York Heart Association Classification (NYHA) of cardiac impairment.</p> <p>The NYHA Classification of Cardiac Impairment are as follows:</p> <ul style="list-style-type: none"> i. Class III: Marked limitation of physical activity. Comfortable at rest, but less than ordinary activity causes symptoms. ii. Class IV: Unable to engage in any physical activity without discomfort. Symptoms may be present even at rest. <p><i>Pulmonary hypertension associated with lung disease, chronic hypoventilation, pulmonary thromboembolic disease, drugs and toxins, diseases of the left side of the heart, congenital heart disease and any secondary cause are specifically excluded.</i></p>
26.	Third Degree Burns	There must be third-degree burns with scarring that cover at least 20% of the body's surface area. The Diagnosis must confirm the total area involved using standardized, clinically accepted, body surface area charts covering 20% of the body surface area
27.	Alzheimer's Disease	Alzheimer's (presenile dementia) disease is a progressive degenerative disease of the brain, characterised by diffuse atrophy throughout the cerebral cortex with distinctive histopathological changes. It affects the brain, causing symptoms like memory loss, confusion, communication

		<p>problems, and general impairment of mental function, which gradually worsens leading to changes in personality.</p> <p>Deterioration or loss of intellectual capacity, as confirmed by clinical evaluation and imaging tests, arising from Alzheimer's disease, resulting in progressive significant reduction in mental and social functioning, requiring the continuous supervision of the Life Insured. The Diagnosis must be supported by the clinical confirmation of a Neurologist and supported by our appointed Medical Practitioner.</p> <p>The disease must result in a permanent inability to perform three or more of the Activities of Daily Living with Loss of Independent Living or must require the need of supervision and permanent presence of care staff due to the disease. This must be medically documented for a period of at least 90 days</p> <p><i>The following conditions are however not covered:</i></p> <ul style="list-style-type: none"> ○ <i>non-organic diseases such as neurosis;</i> ○ <i>alcohol related brain damage; and</i> ○ <i>any other type of irreversible organic disorder/dementia</i>
28.	Parkinson's disease	<p>The unequivocal Diagnosis of progressive, degenerative idiopathic Parkinson's disease by a Neurologist acceptable to us.</p> <p>The Diagnosis must be supported by all of the following conditions:</p> <ul style="list-style-type: none"> • the disease cannot be controlled with medication; • signs of progressive impairment; and • inability of the Life Insured to perform at least 3 of the Activities of Daily Living (either with or without the use of mechanical equipment, special devices or other aids and adaptations in use for disabled persons) for a continuous period of at least 6 months: <p><i>Parkinson's disease secondary to drug and/or alcohol abuse is excluded.</i></p>
29.	Aorta Graft Surgery	<p>The actual undergoing of major Surgery to repair or correct aneurysm, narrowing, obstruction or dissection of the Aorta through surgical opening of the chest or abdomen. For the purpose of this cover the definition of "Aorta" shall mean the thoracic and abdominal aorta but not its branches.</p> <p><i>You understand and agree that we will not cover:</i></p> <ul style="list-style-type: none"> • <i>Surgery performed using only minimally invasive or intra-arterial techniques.</i> • <i>Angioplasty and all other intra-arterial, catheter based techniques, "keyhole" or laser procedures.</i> <p>Aorta graft surgery benefit covers Surgery to the aorta wherein part of it is removed and replaced with a graft.</p>
30.	Amputation of feet due to complications from Diabetes	<p>Diabetic neuropathy and vasculitis resulting in the amputation of both feet at or above ankle as advised by a Medical Practitioner who is a specialist as the only means to maintain life.</p> <p><i>Amputation of toe or toes, or any other causes for amputation shall not be covered.</i></p>

31.	Apallic Syndrome or Persistent Vegetative State (PVS)	Apallic Syndrome or Persistent vegetative state (PVS) or unresponsive wakefulness syndrome (UWS) is a Universal necrosis of the brain cortex with the brainstem remaining intact. The Diagnosis must be confirmed by a Neurologist acceptable to Us and the patient should be documented to be in a vegetative state for a minimum of at least one month in order to be classified as UWS, PVS, Apallic Syndrome.
32.	Aplastic Anaemia	<p>Chronic persistent bone marrow failure which results in anaemia, neutropenia and thrombocytopenia requiring treatment with at least one of the following:</p> <ol style="list-style-type: none"> Blood product transfusion. Marrow stimulating agents. Immunosuppressive agents; or Bone marrow transplantation. <p>The Diagnosis must be confirmed by a haematologist using relevant laboratory investigations including Bone Marrow Biopsy resulting in bone marrow cellularity of less than 25% which is evidenced by any two of the following:</p> <ol style="list-style-type: none"> Absolute neutrophil count of less than 500/mm³ or less Platelets count less than 20,000/mm³ or less Reticulocyte count of less than 20,000/mm³ or less <p><i>Temporary or reversible Aplastic Anaemia is excluded.</i></p>
33.	Bacterial Meningitis	<p>Bacterial infection resulting in severe inflammation of the membranes of the brain or spinal cord resulting in significant, irreversible and permanent neurological deficit. The neurological deficit must persist for at least 6 weeks resulting in permanent inability to perform three or more of the Activities of Daily Living. This Diagnosis must be confirmed by:</p> <ol style="list-style-type: none"> The presence of bacterial infection in cerebrospinal fluid by lumbar puncture; and A consultant neurologist.
34.	Brain Surgery	<p>The actual undergoing of surgery to the brain under general anaesthesia during which a craniotomy is performed. Keyhole surgery is included <i>however, minimally invasive treatment where no surgical incision is performed to expose the target, such as irradiation by gamma knife or endovascular neuroradiological interventions such as embolizations, thrombolysis and stereotactic biopsy are all excluded. Brain surgery as a result of an Accident is also excluded.</i> The procedure must be considered medically necessary by a Medical Practitioner who is a qualified specialist.</p>
35.	Cardiomyopathy	<p>An impaired function of the heart muscle, unequivocally Diagnosed as Cardiomyopathy by a Medical Practitioner who is a cardiologist, and which results in permanent physical impairment to the degree of New York Heart Association (NYHA) Classification Class IV, or its equivalent, for at least six (6) months based on the following classification criteria:</p> <ul style="list-style-type: none"> NYHA Class IV – inability to carry out an activity without discomfort. Symptoms of congestive cardiac failure are present even at rest. With any increase in physical activity, discomfort will be experienced. <p>The Diagnosis of Cardiomyopathy has to be supported by echocardiographic findings of compromised ventricular performance.</p>

		<i>Irrespective of the above, Cardiomyopathy directly related to alcohol or drug abuse is excluded.</i>
36.	Chronic Adrenal Insufficiency (Addison's Disease)	<p>An autoimmune disorder causing a gradual destruction of the adrenal gland resulting in the need for lifelong glucocorticoid and mineral corticoid replacement therapy. The disorder must be confirmed by a Medical Practitioner who is a specialist in endocrinology through one of the following:</p> <ul style="list-style-type: none"> • ACTH simulation tests • Insulin-induced hypoglycemia test • Plasma ACTH level measurement • Plasma Renin Activity (PRA) level measurement. <p><i>Only autoimmune cause of primary adrenal insufficiency is included. All other causes of adrenal insufficiency are excluded.</i></p>
37.	Chronic Relapsing Pancreatitis	<p>An unequivocal Diagnosis of chronic relapsing pancreatitis made by a Medical Practitioner who is a specialist in gastroenterology and confirmed as a continuing inflammatory disease of the pancreas characterised by irreversible morphological change and typically causing pain and/or permanent impairment of function. The condition must be confirmed by pancreatic function tests and radiographic and imaging evidence.</p> <p><i>Relapsing Pancreatitis caused directly or indirectly, wholly or partly, by alcohol is excluded.</i></p>
38.	Creutzfeldt-Jacob Disease (CJD)	<p>Creutzfeldt-Jacob disease is an incurable brain infection that causes rapidly progressive deterioration of mental function and movement. A Medical Practitioner, who is a neurologist, must make a definite Diagnosis of Creutzfeldt-Jacob disease based on clinical assessment, EEG and imaging. There must be objective neurological abnormalities on examination along with severe progressive dementia.</p>
39.	Severe Crohn's Disease	<p>Crohn's Disease is a chronic, transmural inflammatory disorder of the bowel. To be considered as severe, there must be evidence of continued inflammation in spite of optimal therapy, with all of the following having occurred:</p> <ul style="list-style-type: none"> • Stricture formation causing intestinal obstruction requiring admission to hospital, and • Fistula formation between loops of bowel, and • At least one bowel segment resection. <p>The Diagnosis must be made by a Medical Practitioner who is a specialist Gastroenterologist and be proven histologically on a pathology report and/or the results of sigmoidoscopy or colonoscopy.</p>
40.	Dissecting Aortic Aneurysm	<p>A condition where the inner lining of the aorta (intima layer) is interrupted so that blood enters the wall of the aorta and separates its layers. For the purpose of this definition, aorta shall mean the thoracic and abdominal aorta but not its branches. The Diagnosis must be made by a Medical Practitioner who is a specialist with computed tomography (CT) scan, magnetic resonance imaging (MRI), magnetic resonance angiograph (MRA) or angiogram. Emergency surgical repair is required.</p>

41.	Eisenmenger's Syndrome	<p>Development of severe pulmonary hypertension and shunt reversal resulting from heart condition. The Diagnosis must be made by a Medical Practitioner who is a specialist with echocardiography and cardiac catheterisation and supported by the following criteria:</p> <ul style="list-style-type: none"> • Mean pulmonary artery pressure > 40 mm Hg • Pulmonary vascular resistance > 3mm/L/min (Wood units); and Normal pulmonary wedge pressure < 15 mm Hg.
42.	Elephantiasis	<p>Massive swelling in the tissues of the body as a result of destroyed regional lymphatic circulation by chronic filariasis infection. The unequivocal Diagnosis of elephantiasis must be confirmed by a Medical Practitioner who is a specialist physician. There must be clinical evidence of permanent massive swelling of legs, arms, scrotum, vulva, or breasts. There must also be laboratory confirmation of microfilariae infection.</p> <p><i>Swelling or lymphedema caused by infection with a sexually transmitted disease, trauma, post-operative scarring, congestive heart failure, or congenital lymphatic system abnormalities is excluded.</i></p>
43.	Encephalitis	<p>Severe inflammation of brain substance (cerebral hemisphere, brainstem or cerebellum) caused by viral infection and resulting in permanent neurological deficit. This Diagnosis must be certified by a Medical Practitioner who is a consultant neurologist and the permanent neurological deficit must be documented for at least 6 weeks. The permanent deficit should result in permanent inability to perform three or more of the Activities of Daily Living.</p>
44.	Fulminant Viral Hepatitis	<p>A sub-massive to massive necrosis of the liver by the Hepatitis virus, leading precipitously to liver failure. This Diagnosis must be supported by all of the following:</p> <ol style="list-style-type: none"> Rapid decreasing of liver size Necrosis involving entire lobules, leaving only a collapsed reticular framework Rapid deterioration of liver function tests Deepening jaundice; and Hepatic encephalopathy. <p>Acute Hepatitis infection or carrier status alone does not meet the diagnostic criteria.</p>
45.	Hemiplegia	<p>The total and permanent loss of the use of one side of the body through paralysis persisting for a period of at least 6 weeks and with no foreseeable possibility of recovery caused by illness or injury. <i>Self-inflicted injuries are excluded.</i></p>
46.	HIV due to Blood transfusion and occupationally acquired HIV	<p>A. Infection with the Human Immunodeficiency Virus (HIV) through a blood transfusion, provided that all of the following conditions are met:</p> <ul style="list-style-type: none"> • The blood transfusion was medically necessary or given as part of a medical treatment • The blood transfusion was received in India after the Policy Date, Date of endorsement or Date of reinstatement, whichever is the later • The source of the infection is established to be from the Institution that provided the blood transfusion and the Institution is able to trace the origin of the HIV tainted blood; and

		<ul style="list-style-type: none"> The Life Insured does not suffer from Thalassaemia Major or Haemophilia. <p>B. Infection with the Human Immunodeficiency Virus (HIV) which resulted from an Accident occurring after the Policy Date, date of endorsement or date of reinstatement, whichever is the later whilst the Life Insured was carrying out the normal professional duties of his or her occupation in India, provided that all of the following are proven to Our satisfaction:</p> <ul style="list-style-type: none"> Proof that the Accident involved a definite source of the HIV infected fluids; Proof of sero-conversion from HIV negative to HIV positive occurring during the 180 days after the documented Accident. This proof must include a negative HIV antibody test conducted within 5 days of the Accident; and <p>This benefit is only payable when the occupation of the Life Insured is a Medical Practitioner, housemen, medical student, registered nurse, medical laboratory technician, dentist (surgeon and nurse) or paramedical worker, working in medical centre or clinic in India. <i>This benefit will not apply under either section A or B where a cure has become available prior to the infection. "Cure" means any treatment that renders the HIV inactive or non-infectious.</i></p>
47.	Infective Endocarditis	<p>Inflammation of the inner lining of the heart caused by infectious organisms, where all of the following criteria are met:</p> <ul style="list-style-type: none"> Positive result of the blood culture proving presence of the infectious organism(s); Presence of at least moderate heart valve incompetence (meaning regurgitant fraction of 20% or above) or moderate heart valve stenosis (resulting in heart valve area of 30% or less of normal value) attributable to Infective Endocarditis; and The Diagnosis of Infective Endocarditis and the severity of valvular impairment are confirmed by a Medical Practitioner who is a cardiologist.
48.	Loss of Independent Existence (cover up to age 74)	<p>The Life Insured is physically incapable of performing at least three (3) of the Activities of Daily Living (either with or without the use of mechanical equipment, special devices or other aids or adaptations in use for disabled persons) for a continuous period of at least six (6) months and signifying a permanent and irreversible inability to perform the same. For the purpose of this definition, the word "permanent" shall mean beyond the hope of recovery with current medical knowledge and technology. The Diagnosis of Loss of Independent Existence must be confirmed by a specialist Medical Practitioner.</p> <p>Only Life Insured with Age between 18 and 74 on first Diagnosis is eligible to receive a benefit under this illness.</p>
49.	Loss of One Limb and One Eye	<p>Total, permanent and irrecoverable loss of sight of one eye and loss by severance of one limb at or above the elbow or knee.</p> <p>The loss of sight of one eye must be clinically confirmed by a Medical Practitioner who is an eye specialist and must not be correctable by aides or surgical procedures.</p>
50.	Medullary Cystic Disease	<p>Medullary Cystic Disease where the following criteria are met:</p>

		<ul style="list-style-type: none"> the presence in the kidney of multiple cysts in the renal medulla accompanied by the presence of tubular atrophy and interstitial fibrosis clinical manifestations of anaemia, polyuria, and progressive deterioration in kidney function; and the Diagnosis of Medullary Cystic Disease is confirmed by renal biopsy. <i>Isolated or benign kidney cysts are specifically excluded from this benefit.</i>
51.	Muscular Dystrophy	A group of hereditary degenerative diseases of muscle characterised by weakness and atrophy of muscle. The Diagnosis of muscular dystrophy must be unequivocal and made by a Medical Practitioner who is a consultant neurologist. The condition must result in the inability of the Life Insured to perform (whether aided or unaided) at least 3 of the Activities of Daily Living for a continuous period of at least 6 months.
52.	Myasthenia Gravis	<p>An acquired autoimmune disorder of neuromuscular transmission leading to fluctuating muscle weakness and fatigability, where all of the following criteria are met:</p> <ul style="list-style-type: none"> Presence of permanent muscle weakness categorized as Class IV or V according to the Myasthenia Gravis Foundation of America Clinical Classification (given below); and The Diagnosis of Myasthenia Gravis and categorization are confirmed by a Medical Practitioner who is a neurologist. <p>Myasthenia Gravis Foundation of America Clinical Classification:</p> <p>Class I: Any eye muscle weakness, possible ptosis, no other evidence of muscle weakness elsewhere.</p> <p>Class II: Eye muscle weakness of any severity, mild weakness of other muscles.</p> <p>Class III: Eye muscle weakness of any severity, moderate weakness of other muscles.</p> <p>Class IV: Eye muscle weakness of any severity, severe weakness of other muscles.</p> <p>Class V: Intubation needed to maintain airway.</p>
53.	Myelofibrosis	A disorder which can cause fibrous tissue to replace the normal bone marrow and results in anaemia, low levels of white blood cells and platelets and enlargement of the spleen. The condition must have progressed to the point that it is permanent, and the severity is such that the Life Insured requires a blood transfusion at least monthly. The Diagnosis of myelofibrosis must be supported by bone marrow biopsy and confirmed by a Medical Practitioner who is a specialist.
54.	Necrotising Fasciitis	Necrotizing fasciitis is a progressive, rapidly spreading, infection located in the deep fascia causing necrosis of the subcutaneous tissues. An unequivocal Diagnosis of necrotizing fasciitis must be made by a Medical Practitioner who is a specialist and the Diagnosis must be supported with laboratory evidence of the presence of bacteria that is a known cause of necrotising fasciitis. There must also be widespread destruction of muscle and other soft tissues that results in a total and permanent loss or function of the affected body part.

55.	Other Serious Coronary Artery Disease	<p>The narrowing of the lumen of at least one coronary artery by a minimum of 75% and of two others by a minimum of 60%, as proven by coronary angiography, regardless of whether or not any form of coronary artery intervention or surgery has been performed.</p> <p>Coronary arteries herein refer to left main stem, left anterior descending, circumflex and right coronary artery (but not including their branches).</p>
56.	Pheochromocytoma	<p>Presence of a neuroendocrine tumour of the adrenal or extra-chromaffin tissue that secretes excess catecholamines requiring the actual undergoing of surgery to remove the tumour.</p> <p>The Diagnosis of Pheochromocytoma must be confirmed by a Medical Practitioner who is an endocrinologist.</p>
57.	Poliomyelitis	<p>The occurrence of Poliomyelitis where the following conditions are met:</p> <ol style="list-style-type: none"> Poliovirus is identified as the cause, Paralysis of the limb muscles or respiratory muscles must be present and persist for at least 3 months.
58.	Progressive Scleroderma	<p>A systemic collagen-vascular disease causing progressive diffuse fibrosis in the skin, blood vessels and visceral organs. This Diagnosis must be unequivocally supported by biopsy and serological evidence and the disorder must have reached systemic proportions to involve the heart, lungs or kidneys.</p> <p><i>The following are excluded:</i></p> <ol style="list-style-type: none"> <i>Localised scleroderma (linear scleroderma or morphea);</i> <i>Eosinophilic fasciitis; and</i> <i>CREST syndrome.</i>
59.	Progressive Supranuclear Palsy	<p>Confirmed by a Medical Practitioner who is a specialist in neurology of a definite Diagnosis of progressive supranuclear palsy. There must be permanent clinical impairment of motor function, eye movement disorder and postural instability.</p>
60.	Severe Rheumatoid Arthritis	<p>Unequivocal Diagnosis of systemic immune disorder of rheumatoid arthritis where all of the following criteria are met:</p> <ul style="list-style-type: none"> Diagnostic criteria of the American College of Rheumatology for Rheumatoid Arthritis; Permanent inability to perform at least two (2) of the Activities of Daily Living; Widespread joint destruction and major clinical deformity of three (3) or more of the following joint areas: hands, wrists, elbows, knees, hips, ankle, cervical spine or feet; and The foregoing conditions have been present for at least six (6) months.
61.	Severe Ulcerative Colitis	<p>Acute fulminant ulcerative colitis with life threatening electrolyte disturbances.</p> <p>All of the following criteria must be met:</p> <ul style="list-style-type: none"> the entire colon is affected, with severe bloody diarrhoea; and the necessary treatment is total colectomy and ileostomy; and the Diagnosis must be based on histopathological features and confirmed by a Medical Practitioner who is a specialist in gastroenterology.

62.	Systemic Lupus Erythematosus with Lupus Nephritis	<p>A multi-system autoimmune disorder characterised by the development of autoantibodies directed against various self-antigens. In respect of this Policy, systemic lupus erythematosus will be restricted to those forms of systemic lupus erythematosus which involve the kidneys (Class III to Class V Lupus Nephritis, established by renal biopsy, and in accordance with the WHO Classification). The final Diagnosis must be confirmed by a Medical Practitioner specialising in Rheumatology and Immunology.</p> <p>The WHO Classification of Lupus Nephritis:</p> <p>Class I Minimal Change Lupus Glomerulonephritis</p> <p>Class II Mesangial Lupus Glomerulonephritis</p> <p>Class III Focal Segmental Proliferative Lupus Glomerulonephritis</p> <p>Class IV Diffuse Proliferative Lupus Glomerulonephritis</p> <p>Class V Membranous Lupus Glomerulonephritis</p>
63.	Terminal Illness	<p>The conclusive Diagnosis of an illness, which in the opinion of a Medical Practitioner who is an attending Consultant and agreed by our appointed Medical Practitioner, life expectancy is no greater than twelve (12) months from the date of notification of claim, regardless of any treatment that might be undertaken.</p>
64.	Tuberculosis Meningitis	<p>Meningitis caused by tubercle bacilli, resulting in permanent neurological deficit. Such a Diagnosis must be confirmed by a Medical Practitioner who is a specialist in neurology.</p>